

## Let's Get to Know... Our New OTO – Liz Uitdenhowen



Chief Warrant Officer, USCG

Chief Warrant Officer Liz Uitdenhowen is currently assigned to Coast Guard District Heartland, New Orleans, LA. Mrs. Uitdenhowen is currently assigned as the Auxiliary Coastal Region Operations Training Officer.

Mrs. Uitdenhowen is a native of Atlanta, GA. She enlisted in the Coast Guard in July of 2005. Her previous assignments include Presidential Honor Guard, Tactical Coxswain MSST New Orleans, Underway Deck Watch Officer onboard USCGC Kingfisher, USCGC Kittiwake, and USCGC Monomoy. Recruit Company Commander, Executive Petty Officer of Station New Orleans, Commandants 100-Day Action Plan Execution Team Coast Guard Headquarters, and Training Officer of MSST New Orleans.





At the July 2025 081-07 Division meeting, our new OTO was introduced to the mempresent at the morning briefing. The OTO represented the DIRAux office for the meeting.

Mrs. Uitdenhowen awards include Navy Commendation Medal, four Coast Guard Commendation Medal, two Achievement Medals, two Commandant's Letter of Commendation, and other service awards. She has earned the Honor Guard, Coxswain, Company Commander, Cuttermens and Advanced Boat Forces Insignias.

Mrs. Uitdenhowen hobbies include drinking bougjee coffee, chess tournaments, lifting heavy weights, and hanging out with her family and their dogs Hawzer, Louis, and Diesel.