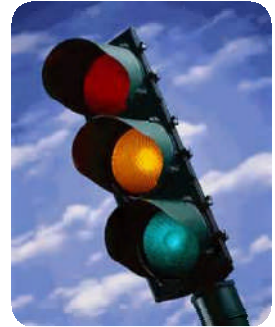


## **AQEC MEMORANDUM 2015-001**

### **FOOD AND WATER ON-BOARD OPFAC**



#### **QUESTION:**

*“I heard it is always a good idea to have food and water on board an OPFAC in case there is a medical emergency.”*

#### **AQEC/SNC RESPONSE:**

**SEMPER PARATUS . . . Always Ready!** Always ready for anything is the key. You cannot predict when you might have a medical emergency on board and need clean water to cleanse a wound or just hydrate the body. You may have someone on board that has a medical condition that requires food and forgot to bring a snack. It is always a good idea to have food, water, or juice aboard even when you are on a personal fishing adventure.

*Risk is anything that is dangerous. Risk Management is a process whereby we can maintain a reasonable level of safety during the mission.*

*When we do a GAR score (GREEN/AMBER/RED), we evaluate risk and how we can manage risk. Team Coordination Training (TCT) has been ingrained in our brain to think risk. Risk in this case is when we have a crew aboard with a known medical condition and they fail to advise their current condition when conducting the GAR score.*

*The goal is Semper Paratus. . . Always Ready! If you were in any scouting organization, being prepared was the by-word for whatever activity you were conducting. The same holds true in your personal or military life.*

#### **L.I. Health Concerns:**

*“In the event a crew member becomes aware of a physical or mental condition in one of the other crew members or in himself/herself, which may jeopardize the safety of the mission, said person has a responsibility for immediately bringing the condition to the attention of the coxswain, FC, and Director via the chain of leadership and the OIA. The Director may inquire into the circumstances.”*

Warren D. Edman  
AQEC/SNC  
01/15/2015

*From Quotations with Character by W. David Edman*

*“Teaching mariners about risk assessment is to explain their actions may affect their life expectancy.”*