



Greetings from one of our Flotilla Members



My name is Ruth Ring and I currently serve as FSO-PB, FSO-CS, SO-CS, and as BA-UCWD (National Website Reviewer). I have been with the Auxiliary for almost 15 years. I joined the AUX when I bought a 1/8th share of a Cessna 172 while in Traverse City, MI in 2007. I flew missions around beautiful Lake Michigan as a mission pilot and observer. I hold a private pilot (single engine, land) and glider license; instrument rating, and tailwheel endorsement. I'm not currently active in aviation due to health reasons.

I'm a native Vermonter, but spent about 40 years away (almost 25 years in the U.S. Army), and came back to be closer to aging family. I did get to go up as an observer on some Lake Champlain missions with Peter Stauffer (below right) and crew (2017/2018).



Burlington VT Flotilla 15-2, D1SR

Flotilla Commander: Bob Bernier
Flotilla Vice Commander: Alan Nye
Human Resources Officer: Kenneth Watt

<http://wow.uscgaux.info/about.php?unit=014-15-02>
<https://www.facebook.com/US-Coast-Guard-Auxiliary-Flotilla-15-02-Burlington-VT-351235695499189/>

Open Flotilla Positions

**FSO-MS Marine Safety &
Environment Officer**

Please volunteer for the position listed above. You will learn a lot, help the flotilla function more effectively, and receive help from other knowledgeable members when needed.

**Have you submitted your
7029/7030?**

**Each member should submit
one monthly.**

FC Bob Bernier 802-373-6517

**USCG Station Burlington
1 Depot St.
Burlington, VT 05401**

**Meeting virtually 1st Wednesday of
every month at 7 p.m.**



Brendan Day
SO-FS, 014-15

The “Tasty Wrap”

Inspired by a fast-food classic, I’ll show you how to make your very own tasty wrap from the comfort of your home. (Recipe yields 1 tasty wrap).

Ingredients:

- 1 tablespoon of Vegetable Oil, or enough to coat a nonstick or cast-iron pan
- ¼ cup of Shredded Lettuce
- ¼ cup of diced tomatoes
- 1 tablespoon of Queso cheese
- 1 tablespoon of Sour Cream
- ¼ cup of shredded cheese (mozzarella or cheddar works best)
- 2 small slices of Oaxacan cheese
- 1 large burrito size tortilla
- 2 taco sized tortillas
- ¼ cup filling of choice (you can use anything; chicken, shrimp, tofu, beef, you name it. For this recipe, I used home smoked pork shoulder. That is a recipe I’ll share for another time)

1. Lay out the burrito size tortilla on a flat surface. Apply the queso cheese and sour cream evenly in the center of the large tortilla. It is important not to add too much queso or sour cream, since the tortilla will become watery and fry unevenly. Throw on the shredded lettuce in the center and place a single taco sized tortilla on top of the lettuce.
2. After placing the smaller tortilla on top, apply your filling of choice, diced tomatoes, shredded cheese, and Oaxacan cheese in the center.
3. After adding all of the yummy toppings, fillings, and cheese, place your second tortilla on top to cover all of the items.

4. Behold the fold! Start to fold the ends of the large tortilla into the center on top of the smaller tortillas. It will want to unfold itself once you have the ends in place, so I like to use a plate to weigh down the ends as a way to crease it.
5. After coating your cast iron or non-stick pan with vegetable oil, over medium heat lay the creased side of the tortilla down into the pan. Cook evenly on each side for five minutes.
6. And there you have it! A happy as all can be tasty wrap. Serve with a side of guacamole, salsa, or additional sour cream and/or queso cheese.



1&2



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ABOUT BOATING SAFELY COURSE

THE PUBLIC AFFAIRS DEPARTMENT OF FIRST DISTRICT SOUTHERN REGION

Attention All NYS Recreational Boaters

Date: May 18, 20, 25, & 27, 2021 (4 DAYS = 8 HOURS)

Time: 1830 - 20:30 EST

Place: Zoom Live Webcast Platform

Instructor: n/a

Material: Course Booklet, Certification of Completion & Wallet Card

Email Registration: 1508plattsburg@gmail.com

Cost: \$20.00

Note: Under 2020's Brianna's Law, all Recreational Boaters in New York will be required to complete a state approved boating safety course by 2025. The U.S. Coast Guard Auxiliary Flotilla 014-15-08 in Plattsburgh NY will be offering our About Boating Safely Class virtually. The USCG Auxiliary's About Boating Safely course is an NYS approved course under Brianna's Law. For additional information, please visit our website [Plattsburgh NY Flotilla](#)

**SAVE
'THE
DATE!**



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Submit articles/photos NLT 2 weeks
prior to the next meeting, or as directed.

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