

## QUESTIONS FOR CREW

1. Explain the primary symptoms of crew fatigue
2. Describe measures to prevent crew fatigue.
3. What is your responsibility for crew fatigue?
4. What should you watch for in other crew members regarding the following: Sunburn, Dehydration, Heat Rash, Heat Cramps, Heat Exhaustion, and Heat Stroke:
5. What can you do to prevent sun related illness?
6. What is your responsibility towards team coordination?
7. Why should commands be parroted or paraphrased?
8. What are the elements considered in Risk Management?
9. What is the Coast Guard's policy on Auxiliary Physical Fitness?
10. How would you go about controlling bleeding? List in the order you would use them.
11. State the symptoms and treatment for hypothermia.
12. Describe how to use aerial and hand held flares.
13. What items should be checked in a pre-underway check of the boat?
14. How often should the pre-underway check be done?
15. What should you do if the coxswain doesn't do the pre-underway check?
16. What should you do with a line when through using it?
17. What should you do with an anchor line before anchoring?
18. How much anchor line should you deploy to properly anchor the boat?
19. Identify the common sound signals used for maneuvering.
20. What does 1 long and 2 short blasts on a boat's whistle indicate?
21. Identify various distress signals.
22. What 4 things are most important to record when receiving a distress call from another vessel?

23. Explain the mathematical relationship between "Time, Distance, and Speed."
24. What is the relationship between latitude and distance?
25. What is the purpose of the compass rose on a nautical chart?
26. How does a nautical chart indicate shallow water, rocks, and reefs?
27. How are buoys indicated on a nautical chart?
28. What are the important things that must be done by the helmsman and crew during a person overboard situation?
29. What are the duties of the "Tow Watch?"
30. What are your first responsibilities when you come upon a vessel taking on water?
31. Identify the various classes of fire and describe the primary extinguishing agent.
32. Describe safety precautions for doing a basket hoist with a helo.