

# The Cape Ann Quarterly

District 1NR, Flotilla 46 – Cape Ann

Volume 3 – Issue 4, 2016

Welcome!

Welcome to the Flotilla 46 – Cape Ann eNewsletter. The main goal of this publication is to enhance communications between elected and appointed flotilla staff and the general membership. Every three months we highlight the accomplishments of the previous quarter and broadcast flotilla-related events for the upcoming quarter. Members unable to regularly attend flotilla meetings can find some of the important, interesting and exciting goings-on here. In addition, annual member training requirements and flotilla member-submitted articles are included in these pages. So, welcome to *The Cape Ann Quarterly* – your eNewsletter.

## Core Member Training (AUXMT)

The deadline for completing Core Member Training (AUXMT) is December 31<sup>st</sup>, 2016. If all ten courses are not completed by the deadline, you are effectively REYR. All new members must complete the training by the end of their first full year. All courses must be completed in order to retain your operational currency, to obtain a new identification card, or to hold an elected/appointed office. You may review your AUXMT official training record via the District 1NR Member Information webpage, found at: <http://a013.uscgaux.info/members.htm>. Mandated Member Training courses include:

Course Code	Course Number	Course Name	Frequency
SP	502379	Building Resilience and Preventing Suicide	every 5 years
SETA	810030	Security Fundamentals	every 5 years
PAWAR	810015	Privacy at DHS/Protecting Personal Information	every 5 years
POSH	810000	Sexual Harrassment Prevention	every 5 years
SAP	810045	Sexual Assault Prevention and Response	every 5 years
CRA	502319	Civil Rights Awarness	every 5 years
ET	502306	Ethics 1 / Personal Gifts	1 time only
INF	502290	Influenza Training	1 time only

\*\*Note that IS 100.b and IS 700.a are also AUXMT taken 1 time only on the FEMA website here: <http://training.fema.gov/is/nims.aspx>

## Upcoming Events

Jan 22<sup>nd</sup>-29<sup>th</sup>, NTRAIN, St. Louis, MO

Feb 3<sup>rd</sup>-5<sup>th</sup>, DTRAIN, Goat Island, Newport, RI

Mar 19<sup>th</sup>, St. Patrick's Day Parade, South Boston, MA

## Commander's Corner



It's back to the grind-stone after the holidays, and there's much to be done as we march steadily towards the spring and the start of the recreational boating season. In case you have not noticed, there seems to be greater numbers of people looking to fill their summer recreation time with boating these days. The trouble seems to start when these people jump aboard their watercraft to escape the demands of their daily drudgery, and to seek relaxation and solace on the water. Too many people even turn to alcohol and recreational pharmaceuticals to enhance and magnify the effects of their temporary escape. They are tending to more and more forget that they are entering a world where exactly the opposite needs to be the rule!

I can't say that I blame them for their apparent desertion from the laws of common sense. With the demands of performance at an all-time high, so many people are looking to squeeze the greatest returns on every minute of their "down time."

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## Commander's Corner (continued)

In this fast paced day and age of the Internet, instant communication and selfies, more and more, people are becoming so totally focused on a little 3-inch screen in front of their faces, tuning out distractions instead of analyzing the pitfalls of the world around them.

But there are still many who respect that the sea has not changed since the beginning of time and that a well informed and diligent boater stands a much better chance of returning safely and rejuvenated to the dock at the end of their voyage. That's where we come in. Through our programs like public education, vessel safety inspections, and public visitations to name a few, we are reminding the recreational boating public that the tools for safe boating are easily within their grasp.

So, don't think for one second that your efforts are a waste of time and you are not making any difference. There is no real way to know the exact numbers of your effect on the safety of the recreational boating public, but I can assure you that if there was, that number would be high! Incredibly high! Every single time a boater that you've interacted with comes safely home to their, or with their families, they owe some little bit of their success to you.

And it's not just those who directly interact with the recreational boater, it's everyone within our flotilla that makes it all possible, makes it all work; finance; materials, records; communications; information; publications; personnel; and many more who chose to support our missions behind the scenes. We are ALL part of the machine and we could not be what we are without each and every one of you.

Just as each and every one of you is an integral part of our flotilla, our unit is an integral part of the Coast Guard Auxiliary, and its mission. So, regardless of office or seniority, no one is more important than you. Nationwide, through all of the flotillas, divisions, districts and right up

through national levels, its success is all due to each individual; each one of you! Take a bow, and give yourselves a well-deserved pat on the back, and let's get back at it!

## *Semper Paratus!*

Gardner H. Winchester II, Flotilla Commander

## Step Up to Leadership

By COMO Carol A. Urgola

Past National Chief of Staff, 2005-2006

## *USCG Leadership Competency: Leading Self – Aligning Values and Personal Conduct*

In the book, *The Leadership Challenge* by Kouzes and Posner, the following findings were arrived at through a series of interviews and case studies:

1. Leadership can be learned.
2. Anyone can learn leadership skills.
3. Leadership is not reserved for a selected few.
4. 80% of our leadership skills are developed through experience.
5. Leadership development is, ultimately, self-development.
6. Leadership is everyone's business!

If we accept this as true, why is it difficult to step up to fulfill leadership positions? Each of us is surrounded by a 'Force Field' and we work inside of it. Our individual capability to absorb or deflect these forces can be seen as our personal productivity. Each of us can list the forces that demand our time, energy and personal resources: children, parents, job, home, finances, health, volunteer work and our own personal ambitions and intentions.

For example: On one hand children offer you the forces of love and affection and on the other hand require guidance and discipline. On one hand we have our parent's support and validation, on the other hand are their needs and expectations of us. Our jobs provide financial security and fulfillment, but require commitment and performance.



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- Commitment requires sacrifice;
- Integrity requires living up to expectations;
- Hard Work requires time & energy;
- Self-Awareness requires learning.

These are the pressures that work on us in our Force Field. How we cope with our forces predicts our performance in life. Sadly, sometimes it's easier to just say no, than to add another force to our field. When opportunity for self-development knocks on our door, some folks fear adding more forces to their field – no matter the personal benefit.

## DECK PLATE TRAINING

Although there are days when it doesn't seem so, we all have in us:

- More energy than have ever been tapped,
- More talent than has ever been utilized,
- More strength than has ever been tested,
- More to give than we have ever given,
- Each of us has a passion that has to do with our own intentions and our own self development. That passion enables us to tap our personal resources, our energy, strength and talent.

In fact, everyone in this organization shares a passion for volunteerism and a common passion for the Coast Guard and its missions. Together, these passions help us tap our energy resources to fulfill ourselves. Our passion is a benevolent virus that is contagious.

To paraphrase a statement made by General Dwight D. Eisenhower: "Leadership is the art of getting others to do whatever you want done, because they want to do it."

As leaders, you do not have to do it all! Be the inspiration for others.

Leadership is an art and many may be uncomfortable thinking of themselves as artists. But, with every choice, every day we create a unique work of art – something only each of us can do with our passion and talent. And we must trust our creativity and even risk the possibility of failure to achieve the leadership experience we all need.

So, choose your attitude, be willing to learn, respect your own creativity, and manage your force field. Share your passion and ignite it in others and you will enhance your self-development as an effective leader in the Coast Guard Auxiliary. Step up to leadership. This is your time!

(The preceding article was previously published in the USCG Auxiliary "Deckplate Training" Series.)

## NACO Diversity Statement

It is the policy of the United States Coast Guard Auxiliary to ensure that all citizens, regardless of race, gender, color, national origin, sexual orientation, age, religion, or physical or mental disability have an equal opportunity to become a member of this organization. People from a wide variety of backgrounds and interests are welcome and encouraged to join the Auxiliary to work side-by-side with us as we serve the boating public.

The fundamental action imperative of diversity is to create an environment which fosters an appreciation of the values, skills, and abilities of each individual member. Members are responsible to each other for promoting an inclusive atmosphere of acceptance and respect, for demonstrating a commitment to fair and equal opportunity, and for moving beyond simple tolerance to embracing and celebrating our different backgrounds. We are committed to enjoying a diverse and inclusive membership. We all understand that diversity is not a problem to be solved, but that it is an asset to be developed.

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## Hospital Point Lighthouse Team Offers Unique Perspective

Hospital Point Lighthouse in Beverly Massachusetts is not your typical Aid-to-Navigation; and the Auxiliary team that docents the property is anything but ordinary. Although the forty-five foot structure isn't the oldest or most famous lighthouse in District 1, it is certainly unique. The light itself is a one-of-a-kind 3.5 order Fresnel lens with condensing panel; a true work of art. The surrounding grounds contain Revolutionary War era earthworks, a 100 year old lightship fog bell, and the residence of the current District 1 Commander – Rear Admiral Steven Poulin. And, since 2009, the Auxiliaries of the Division 4 Lighthouse Team provide the “Coast Guard Story” to the visiting public.



Members of the Lighthouse Team prepare a large wreath to be hung on the lighthouse during the holiday season. In addition to leading tours, the team decorates the lighthouse each year with a lighted holiday wreath and star. (J.W. Keyes)



Richard Skryness, FSO-MS for Flotilla 41 and Lighthouse Team Leader, relates the history of Hospital Point Lighthouse to visitors during a recent open house. The lighthouse grounds are open to the public just four days a year. (J.W. Keyes)

Because the property is also the home of RADM Poulin and his family, it's not enough that the Lighthouse Team Members tell a good story. Each member must be intimately familiar with the historical facts surrounding the property, look especially squared-away in their uniforms, and remain vigilant to ensure visitors stay safe and out of private spaces. The team members reflect directly on the Coast Guard and Coast Guard Auxiliary, but are also representing the Admiral while on his property.

Each year the lighthouse grounds are open for public tours just four days: In the summer during Beverly Homecoming festivities and during the Essex National Heritage Area “Sails & Trails” event in the fall. This allows a small but dedicated team to set up for, conduct and cleanup after the hundreds of visitors that come to climb the tower and walk the grounds each year. On average, more than 3,000 people will visit the lighthouse annually. Completed in 1872, and standing 70 feet above sea level, the lighthouse is perfect for tours.

Just forty stairs and a seven step ship's ladder to the lantern room, once a visitor is at the top of the lighthouse, a wide gallery provides views across Salem Sound to Beverly, Salem, Marblehead and the various islands. Arguably the “birthplace of the American Navy” and site of the first naval engagement of the Revolutionary War, the significance and history of the surrounding area is palpable. Hospital Point Lighthouse is truly a unique location.



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Finishing touches go on the holiday decorations as the Hospital Point Lighthouse Team prepares for the season. All the decorations will come down again in January, but the finished product is worth all of the effort. (J.W. Keyes)

## Flotilla 46 Accomplishments in CY2016

- 1,273+ hours recorded in AUXDATA
- 7 Shore-side ATON Missions completed
- 44 hours standing NET Control Radio Watch
- 42 hours of Operations Training completed
- 5 ABS Public Education Courses completed
- 1 BS&S Public Education Course supported
- 2 Suddenly-In-Command P.E. Courses completed
- 82 RBS Partner Visits completed
- 5 Public Affairs Events supported
- 2 Member Training Events completed
- 82 Vessel Safety Checks completed
- 6 AUXAIR MDA/MOM Mission Flights completed
- 3 Marine Mammal Observation Missions completed
- 1 New Member enrolled (2 pending)

## Awards & Recognition, 4<sup>th</sup> Quarter 2016

- Flotilla 46 - NACO 3 Star Diversity Award
- David Foss - Capt. Nelson F. King Lifesaving Award
- John Keyes - Aux. Commandant Letter of Commendation
- Paul Maglio - Aux. Sustained Service Award
- Ralph Milroy - Meritorious Team Commendation
- John Mellen - Div4 Outstanding Achievement Award
- Carol Winchester - Div4 Outstanding Achievement Award
- David Foss - Div4 Outstanding Achievement Award
- Paul Maglio - Div4 Outstanding Achievement Award
- Ralph Milroy - Div4 Outstanding Achievement Award

## Lifesaving Trivia

*This Quarter's Question:* What local, well-known nautical landmark turned 300 years old in 2016?

*Last Quarter's Question:* Can you identify these five giants living off of the New England Coast?

*Answer:*



Fin Whale



Northern Right



Humpback



Sei Whale



Minke Whale

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## Newsletter Submissions

Do you have an interesting story to tell? Submit it to the flotilla commander for review and inclusion in *The Cape Ann Quarterly* newsletter today. Mission successes, Auxiliary history, member interest stories, and photographs are all welcome. Your story should be told.

## Newsletter Staff

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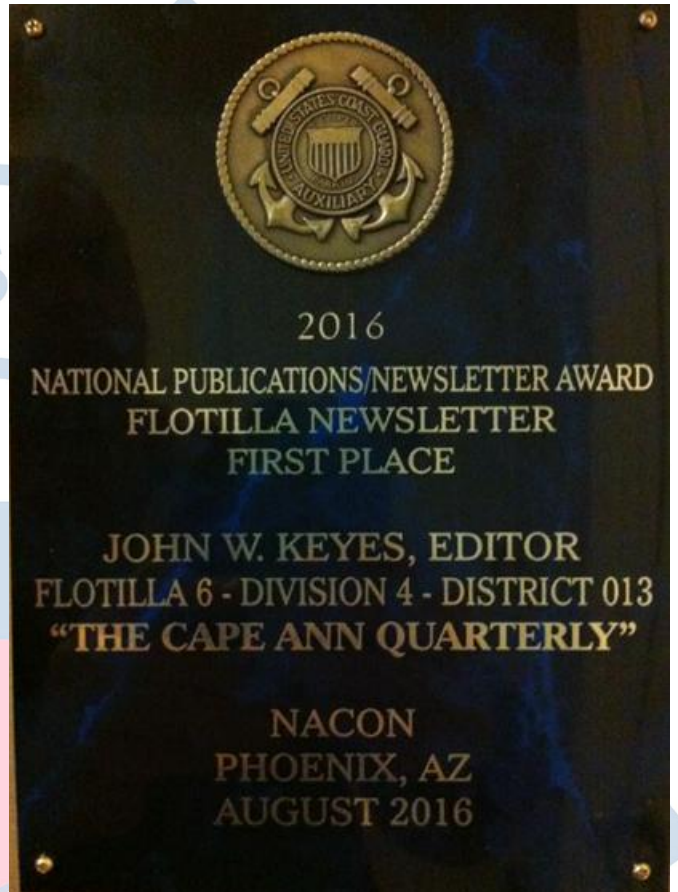
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## Parting Shot



During the 2016 National Convention (NACON) in Phoenix, Arizona our Flotilla Newsletter was recognized as the nation's best. (J.W. Keyes)

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Flotilla Website: [www.USCGACapeAnn.com](http://www.USCGACapeAnn.com)  
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