



Sector Northern New England Emergency Preparedness Quarterly



Just for kids!

Have little ones at home? Teach them about the weather with the [Young Meteorologists Program](http://www.youngmeteorologist.org). This is a free, online game where you go on a severe weather preparedness adventure and earn a Young Meteorologists Certificate.

http://www.youngmeteorologist.org/?page_id=18

Know your risk! Severe weather impacts every part of the country. The first step to becoming weather-ready is to understand the type of hazardous weather that can affect where you live and work, and how the weather could impact you and your family. What you can do:

1. Bookmark [weather.gov](http://www.weather.gov) to get the latest forecast information.
2. Follow the National Weather Service on [Facebook](#) and [Twitter](#).
3. Read the [State of the Climate](#) reports to discover historical trends.

SNNE Preparedness Challenge

During this coming September's, National Preparedness Month, Sector will again be holding a Preparedness Challenge. Look for updated and additional details from your Sector Preparedness Pest in your e-mail inbox. Feel free to provide suggestions on activities you would like to see included. If you'd like to help develop some youth-related activities, please let us know.

Know how to swim before you venture in! Changing ocean currents and winds are difficult enough for those who do know how to swim, and can be quite fatiguing. You should be a strong swimmer before going into the ocean. Learning how to swim is the best defense against drowning. America's surf beach lifeguards rescue more than 50,000 swimmers from rip currents every year. Always swim at a lifeguard protected beach. See www.ripcurrents.noaa.gov and www.nws.noaa.gov/beachhazards/surfzones.shtml for weather and beach forecasts. Take your cell phone to the beach to call 911.

Actions You Need To Take Before Going To The Beach - Rip currents are channelized currents of water flowing away from shore at surf beaches. Typically they form at breaks in sandbars, and also near structures, such as jetties and piers and cliffs that jut out into the water. Rip currents are common and can be found on most surf beaches. Before you enter the water know what rip currents are and especially how to escape one. A good place to start is: www.ripcurrents.noaa.gov.



Actions to take if caught in a rip:

1. Stay calm.
2. Don't fight the current. It's a natural treadmill.
3. Relax and float to conserve your energy. This can be lifesaving.
4. Escape the current by swimming in a direction following the shoreline. When free from the pull of the current, swim at an angle away from the current toward shore.
5. If at any time you feel you will be unable to reach shore, draw attention to yourself. Face the shore and call-out and wave for help.
6. An easy jingle to remember is: Wave and yell; swim parallel.

2014 Weather Awareness Calendar

Jul 14-18 - Hurricane Preparedness Week - ME/NH
July 16 - Hurricane Flooding Awareness Day - NH
Nov 3-7 - Winter Weather Awareness Week - ME/NH

Be A Force of Nature by making sure that you and your family are prepared for severe weather. This includes creating a disaster supplies kit and making sure that you can receive emergency messages. What you can do:

1. Obtain a [NOAA Weather Radio](#).
2. Learn about [Wireless Emergency Alerts](#).
3. Create a [disaster supplies kit](#).

Be an example - Make a positive influence on your community by sharing your weather preparedness story. Let your friends and family know what you did to become weather-ready. What you can do:

1. Tweet that you're prepared with the hashtag [#BeAForce](#)
2. Share your preparedness story on Facebook.
3. Make sure you have a [Family Emergency Plan](#).

Smart Phone Apps: There are free emergency smart phone apps available for download from your app store, just search American Red Cross Emergency Apps:



Civilian Emergency Guide

The revised Civilian Emergency Situations Guide, is available on the Office of Civilian Human Resources website at:

http://www.uscg.mil/civilianHR/docs/pdf/Civilian_Emergency_Situations_2014.pdf. It addresses a number of frequently asked questions regarding pay, leave, and other benefits available to assist employees and supervisors in coping with severe weather conditions or other emergency situations and their aftermath. your servicing Command Staff Advisor or servicing Human Resources Specialist can answer questions not in this guide.

Exercise Corner

The following exercises are scheduled for this quarter:

Date	COE	Title
8/12/14	4966	ACP/PREP Qtrly Notification Drill