



# PRESS RELEASE

## IS YOUR “GO BAG” READY TO GO?

Go Bags are a necessary part of being ready for an emergency situation. The Coast Guard Auxiliary wants all Auxiliarists to be prepared for when we may be needed for an emergency or assigned to duty.

The following will allow you to have your Go Bag ready to go:

- Extra set of ODUs with black boots
- Black socks, T-Shirt, Underwear
- Toilet kit (Shower supplies, Toothpaste, etc.)
- Roll of toilet paper in a zip-lock bag
- Pack of wet wipes
- Head Lamp (Petzi or Princeton-Tec)
- 3 days of food (MREs, Energy Bars, Trail Mix, etc.)
- 3 1-Liter bottles of water
- First Aid Kit
- Roll of duct tape
- Folding knife
- Writing pad and pens
- Work gloves
- Personal medicines
- Extra batteries for any personal electronics

If being assigned to a boat, add the following:

- Life jacket with SAR vest and all PPE attached
- Rain suit
- Bug spray
- Sun Screen
- Baseball style cap, Boonie or Tilley Hat
- Safety glasses/Sunglasses
- Small backpack items you will carry onto the boat.

###