

**“S-TRAIN”**  
**SECTOR HAMPTON ROADS - Training**  
**February 27 - March 1<sup>st</sup>**  
**&**  
**March 7<sup>th</sup>**  
**TRAINING CENTER YORKTOWN**

**REGISTER NOW !!**

**See instructions at the end of this document**

1. **S-TRAIN** will take place on the campus of Coast Guard Training Center Yorktown beginning promptly at 1730 on Friday February 27th in Hamilton Hall’s Mini Auditorium  
**1730 - 1800 INTRODUCTIONS & REMARKS**  
**1800 – ???? COURSE BREAKOUTS** - Instructors will gather their student groups and head to individual classrooms in Hamilton Hall to begin course instruction.

*Come early for dinner at the Galley and “Fellowship time”  
COFFEE, TEA & SNACKS Will be provided in Hamilton Hall.*

**S-TRAIN Part 2** – Saturday March 7, 2015 we will begin the day at 1000 in the mini auditorium.

**0930 – 1000 - INTRODUCTIONS & REMARKS**

**1000 - ???? – COURSE BREAKOUTS** – Balance of the course instruction.

2. **UNIFORM** must be worn properly on this military installation. The uniform of S-Train will be Tropical Blue or winter dress blue. If you do not have a uniform, come in casual business attire – no jeans or athletic shoes. If you are unsure of the proper uniform please refer to the Auxiliary Manual Chapter 10  
(<http://www.uscg.mil/auxiliary/publications/auxman.pdf>).  
Please note that if you are attending the AUXFS course your uniform will be ODUs. Whichever uniform you wear you are expected to be properly groomed and in the correct uniform.

3. **GALLEY HOURS Weekday** - Breakfast - 0630-0730 \$3.45 – cash only  
 Lunch - 1100-1230 \$4.85 – cash only  
 Dinner - 1630-1800 \$4.85 – cash only
- Weekends and Holidays**  
 Breakfast - 0700-0900 \$3.45 – cash only  
 Lunch - 1100-1230 \$4.85 – cash only  
 Dinner - 1630-1800 \$4.85 – cash only

You can also grab a bite at the local Subway at the Coast Guard Exchange or the

Liberty Lounge: hours    Mon-Thurs 1700-2300  
                                       Fri & Sat 1700-0000  
                                       Sun 1700-2300

4. **BERTHING** is available at TRACEN Yorktown in Lafayette Hall (Cain Hall is still under construction). There are a limited number of rooms are available for Feb 27 and 28. There are no rooms available for Part 2 on March 7<sup>th</sup>.
5. **SECURITY** - Members not in uniform and/or without a current Auxiliary ID card can expect to make a visit to the **SECURITY OFFICE** just inside the gate. Make sure you have your vehicle registration, driver’s license, ID card and vehicle insurance. If you do not yet have your ID card, please travel with someone that does. Also make sure the ID card is CURRENT. Base stickers for cars are no longer required but current ID cards are.

# The following classes will be provided

## Friday 27Feb – Saturday 28Feb - Sunday 01Mar

1. **Aids to Navigation Verifier (AV)** – Instructor Ron West (DSO-NS) - Upon successful completion of this course you will be able to Verify private aids to navigation or support Coast Guard ATON efforts. Conduct chart updating missions to verify the accuracy and completeness of information published on charts and related navigation publications. And report all ATON discrepancies to the Coast Guard.
2. **AUXLAMs Part B** - Instructor Mark Draskovich – This is part B that started with Part A at D-Train in Richmond (Feb 13-15). The Auxiliary Leadership and Management School (AUXLAMs) [AUX-02] is the Coast Guard Leadership and Management School (LAMs) course, adapted for the volunteer Auxiliary environment, and is taught by Coast Guard trained instructors. It is based on the Leadership Competencies, which lay the foundation for all leadership skills necessary to successful leadership in the Coast Guard and the Auxiliary. This is a facilitated and interactive course dealing with Self Awareness, Motivation, Strategic Leadership, Team Building, Ethics, Conflict Management and Performance Problem Solving. AUXLAMs is the foundation course of the Auxiliary Leadership Continuum. <http://aux02.wow.uscgaux.info/>
3. **AUXMEES - AUX Prevention Outreach Specialist** - Instructor David Gruber (DSO-MS) - This course will acquaint the member with basic marine environmental ideas and concept. You will hold the minimum competencies to act as an Auxiliary Prevention Outreach Specialist providing short duration (8 hour or less) seminars on selected Marine Environmental Protection, Sea Partners and Americas Waterways Watch topics to a wide range of audiences.
4. **AUXWeather** – Instructor Jenny Stack – One of the three core required courses for AUXOP, is designed to present the Auxiliarist with a thorough knowledge of weather, its importance in the marine environment and to the conduct of safe and effective operations. An AUXWEA Specialist is able to make accurate and valuable short range (several hours) weather forecasts to enable crewmates to avoid dangerous weather conditions while performing their patrol activities. Long range (two or more days) forecasts are also developed to assist in planning operational activities.  
  
The Auxiliary Weather Specialist develops a keen sense of weather processes, including those which have an element of danger: the thunderstorm, the squall line, fog, tornadoes and other severe phenomena. A comprehensive knowledge of weather processes and effects is essential to the competent mariner, whether on the high seas, the coastal areas, lakes and rivers or local reservoirs.
5. **AUX FS basic class** – Instructor Ron Ellis - This course teaches the basic knowledge and skills necessary to become qualified as an AUXFS in order to assist or fill in for a Food Services Specialist at a Coast Guard unit. The course includes classroom work covering food preparation, nutrition, sanitation, and food safety among other topics. As a “hands-on” exercise, the class will also plan and prepare a meal at Coast Guard Station Milford Haven. More information will be provided at the class. The uniform will be casual for Friday and ODUs for Saturday and Sunday, with an apron if desired. More details will be sent to the registrants prior to the class. Arrangements will be made for the required health screenings and HEP A shots at the Coast Guard Clinic. Class runs Friday evening thru Sunday (early afternoon).

# The following classes will be provided

## Saturday 7 Mar

1. **AUXFS – Planning, Preparing and Serving Special Events** - Instructor Ron Ellis - Learn tips and techniques for planning, preparing and serving Special Events from flotilla picnics to Coast Guard flag events. The workshop will cover topics such as planning the menu, setting up a workflow plan, appetizer techniques, tablescapes, setting a table for buffet or sit-down dinner, napkin folding, making & serving drinks, serving the meal, protocols, healthy options, and safety & sanitation reminders. (approximately a 4 hour workshop)
2. **AUXTCT – Team Coordination Training** – Instructor Al Coke – Required for all Coxn, Crew, FS every 5 years - This is 4 hour course. Team Coordination Training (TCT) is focused on the principle that improved decision – making through better leadership, preparation and attention to detail will result in fewer casualties and less property damage throughout the U.S. Coast Guard Auxiliary. TCT provides the means and framework for employing Operational Risk Management principles that will accomplish that goal. The “team” approach to TCT is focused on reducing injuries and property damage while accomplishing the mission, incorporating pre mission crew briefings, post mission crew debriefings and understanding and applying the seven elements of team coordination training.
3. **1 – HOUR TCT – Team Coordination Training -** Instructor Joe Safranek – This is the mandated one hour TCT class required by all OPs people every year to keep their OPs qualifications. The 2015 Operations Team Coordination Training Refresher continues the practice of focusing on group, or “crew” problem solving activities rather than a Lecture presentation format. The 7 components of TCT will be the guiding principle to emphasize as you lead this problem solving session.
4. **INTRODUCTION TO A SEARCH ACTION PLAN (SAP)** –Instructor from National Search & Rescue School - Have you ever wondered what information and the format of the document the Active Duty Coast Guard air or boat crew receives when they are tasked with a search and where does that information come from. Here is your chance to get the inside scoop from the experts. There will also be a Rescue 21 / SAROPS demonstration during this presentation.
5. **MEET AUX Air** – Instructor TBA – Have you ever wondered what the Auxiliary Air program does and how you can be a part of the program. You do not need to be a pilot or even own your own 737. Come and learn more about how you can become part of this exciting mission of the Auxiliary.
6. **WOW 101** – Instructor Anderson Braswell (DSO-CS) – How does the Auxiliary website program work and just how easy is it to become active in the CS program? Come and find out and ask all those burning questions about the website and how it works and where to find things you need.

# **REGISTRATION INFORMATION**

Please send an email to [DCAPT.SHR@gmail.com](mailto:DCAPT.SHR@gmail.com) with the following information:

Name

Member Number

Flotilla Number

Email address

Phone number

Course(s) you will attend

Will you need berthing the weekend of Feb27-Mar01? (Berthing is available on a 1<sup>st</sup> come 1<sup>st</sup> served basis) If you can commute to S-Train I ask that you make a note in your registration email to say that you would prefer berthing but could travel each day. This will allow for those that do not live within commuting distance to Training Center Yorktown to have the opportunity to attend the training.

If you have any other specific questions please direct them to this address also.

**Register now to be part of the fun and learning !!**